

# Establishment of Grass Strips for Maintaining Biodiversity in Agroecosystems

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## Abstract

Main principle of the common agricultural policy of European Union is achievement of high results with the least possible negative impact on the environment, land protection and efficient use of natural resources. For that purpose, a number of studies are carried out, related to the improvement of biodiversity and protection of the pollinators in the areas of production. Two type of grass mixes were observed: "Laitamag" (Hungary) composed of White mustard (*Sinapis alba* L.), White clover (*Trifolium repens* L.), Phacelia (*Phacelia tanacetifolia* Benth), Crimson clover (*Trifolium incarnatum* L.), Egyptian clover (*Trifolium alexandrinum* L.), Red clover (*Trifolium pratense* L.), Wild oats (*Avena sativa* L.), Alfalfa (*Medicago sativa* L.), Buckwheat (*Fagopyrum esculentum* Moench) and Sainfoin (*Onobrychis viciifolia* Scop.) and a mix, proposed by the Agrarian University: White mustard (*Sinapis alba* L.), White clover (*Trifolium repens* L.), Phacelia (*Phacelia tanacetifolia* Benth), Buckwheat (*Fagopyrum esculentum* Moench), Coriander (*Coriandrum sativum* L.). The vegetation of the autumn crops began in March, as the blossoming lasts for 60-63 days, from the beginning of April until 24 June. For the spring sowing (18 March), the flowering of the mixes occurred later, in the second 10-day period of May and ended at the end of June. As a result of the low temperatures during winter, the white mustard, buckwheat and sainfoin plants perished. White clover proves to be the most resilient species.

**Keywords:** biodiversity, grass mix, pollinators

## 1. Introduction

The intensive use of agricultural areas for solving the food provision issues, the ever growing global population and the climate changes often result in a loss of the natural habitats of organisms (Pollinators and Agriculture, 2013; Pesticides and Biodiversity, 2011). This results in brackage of the balance in the ecosystems and cause favourable conditions for episodic amplification of certain insect species, which possess economic significance as pests.

In the agricultural ecosystems in Europe, approximately 80% of all crops are pollinated by insects, such as bumblebees, honeybees, butterflies etc. Yields of certain fruit-tree species and plants decrease by over 90% in the absence of insects-pollinators (Klein et al., 2007). In the period 1985-2005 the bee colonies decreased by an average of 16%, and in certain European countries, such as United Kingdom, Germany, the Czech Republic and Sweden, the percentage is reported to be much higher. The number of wild bee colonies also decreased as a result of the effect of a number of factors (STEP, 2007). Some authors reported for decline in pollinators but they focus on the improvement of the available habitats, which is in line with EU's common agricultural policy (Westphal et al., 2003).

Some authors ascribe the decline in the numbers of the bee populations to the lack of habitats (Richards, 2001; Kremen et al., 2002; Larsen et al., 2005). Others indicate that bee families in agrocenoses decreased as a result of chemical operations, related to the plant protection measures (Kevan, 1997; Desneux et al., 2007; Johnson et al., 2010). One possibility to limit the adverse effects of the chemical method is establishing of self-regulating

agrocenoses with rich species diversity of living organisms. This is also the main objective for the sustainable development of agricultural areas in Bulgaria and corresponds to European Union's common agricultural policy.

In order to improve the biodiversity in agricultural areas, it is necessary to establish new habitats for pollinators at the perimeter of agricultural land. Flower meadows, strips of blossoming plants, field-protection belts, buffer strips have been established in some European countries to provide sources of food and habitats for the living organisms, as well as a depot for the multiplication of pollinators and for attracting honey bees, ensuring high economic results of the production.

There are developed some international initiatives to reinstate the natural habitats and to provide essential food for pollinators, like "Operation Pollinator" (Syngenta global project). It demonstrates that environmental management and intensive agriculture can co-exist in the same field. In this way, agricultural producers in Europe and around the world establish and maintain habitats for pollinators in agricultural areas (Isaacs et al., 2010). Operation Pollinator helps growers across Europe in successfully establishment and management of essential habitat for pollinating insects on commercial farms. The initiative was realized with the involvement of more than 2500 farmers from countries, such as: Belgium, the United Kingdom, France, Germany, Greece, Hungary, Ireland, Spain, Portugal, Sweden, Switzerland, Bulgaria etc.

Main objective of the study is to test the germination and development of different grass mixtures to establish flowering strips, attracting pollinators near production areas.

## 2. Methods

This study was conducted in the period 2013-2015 at the Educational Experimental and Implementation Facility of the Agrarian University, Plovdiv. Two types of grass mixes were chosen for the trials: commercial mixture of Laitamag (Hungary) and locally developed by Agrarian University, Plovdiv. Both mixes were tested with two types of sowing (autumn and spring).

The Laitamag Mix is composed of ten species of plants in the following ratios: White mustard (*Sinapis alba* L.) (5%), White clover (*Trifolium repens* L.) (5%), Phacelia (*Phacelia tanacetifolia* Benth) (5%), Crimson clover (*Trifolium incarnatum* L.) (10%), Egyptian clover (*Trifolium alexandrinum* L.) (10%), Red clover (*Trifolium pratense* L.) (20%), Wild oats (*Avena sativa* L.) (5%), Alfalfa (*Medicago sativa* L.) (10%), Buckwheat (*Fagopyrum esculentum* Moench) (15%) and Sainfoin (*Onobrychis viciifolia* Scop.) (15%).

The mix, proposed by the Agrarian University consists of five plant species in the following ratios: White mustard (*Sinapis alba* L.) (10%), White clover (*Trifolium repens* L.) (30%), Phacelia (*Phacelia tanacetifolia* Benth) (25%), Buckwheat (*Fagopyrum esculentum* Moench) (15%), Coriander (*Coriandrum sativum* L.) (20%).

The sowing rate for both mixtures was 20 kg/ha, and the depth of sowing was 1.0-1.5 cm. The test area was 420 m<sup>2</sup> (6 × 70 m). The autumn sowing was performed on October 29, 2013, and the spring on March 18, 2014. Before and after sowing, the terrain was rolled. The sowing density and species ratios was recorded per m<sup>2</sup>, based on a sampling plot.

The plot-test plots, applied for the sowing of the studied grass mixes were as follows:

Plot I: Laitamag (autumn sowing)

Plot II: Agrarian University (autumn sowing)

Plot III: Laitamag (spring sowing)

Plot IV: Agrarian University (spring sowing)

The germination, wintering of the plants (in the case of autumn sowing), their development, species distribution and density of the strands was monitored.

## 3. Results and Discussion

The favourable weather conditions in the autumn of 2013 and the spring of 2014 enabled good garnished stands of the crops, in accordance with the sown species and the grass mix ratios.

Although mild, with temperatures around 0 °C, but without any snow cover, winter had an adverse effect on some species, reducing their number/m<sup>2</sup> and changing the original plant ratio in the sown areas. White mustard manifested itself as being very sensitive to low temperatures, and therefore it was destroyed by frost in Plot II. The stand densities in the spring showed that of all plants, included in both mixes, the white clover was the most resistant to cold.

As a result of the respective plasticity, competitiveness and ratios of the species in the composition of both mixes (Laitamag and Agrarian University), different strand density was reported in the spring of 2014. For the Laitamag grass mix it was 59.8 plants/m<sup>2</sup>, and in the Agrarian University mix—228.4 pcs./m<sup>2</sup> (Tables 1 and 2).

Table 1. Plot I: Laitamag grass mix (Hungary), autumn sowing in 2013

Common name	Species	Average number of plants/m <sup>2</sup>
	Latin name	
White mustard	<i>Sinapis alba</i> L.	7.2
Alfalfa	<i>Medicago sativa</i> L.	5.6
Phacelia	<i>Phacelia tanacetifolia</i> Bentham	13.6
Egyptian clover	<i>Trifolium alexandrinum</i> L.	3.6
Crimson clover	<i>Trifolium incarnatum</i> L.	12.8
Wild oats	<i>Avena sativa</i> L.	2.6
White clover	<i>Trifolium repens</i> L.	14.4
Total		59.8

Table 2. Plot II: Agrarian University grass mix, autumn sowing in 2013

Common name	Species	Average number of plants/m <sup>2</sup>
	Latin name	
Coriander	<i>Coriandrum sativum</i> L.	73.8
Phacelia	<i>Phacelia tanacetifolia</i> Bentham	49.8
White clover	<i>Trifolium repens</i> L.	104.8
Total		228.4

The reduced density in the first plot as a result of the winter conditions are most apparent, if compared to the spring sowing—Plot III. The reported strand density was 263.5 pcs/m<sup>2</sup>, and 272.4 pcs/m<sup>2</sup> in Plot IV. The values for Plot II and IV (Agrarian University—autumn, spring sowing) were relatively close, showing that the commercialized mix (Hungary) is sensitive to the low winter temperatures in the Plovdiv region (Tables 3 and 4).

Table 3. Plot III: Laitamag grass mix (Hungary), spring sowing in 2014

Common name	Species	Average number of plants/m <sup>2</sup>
	Latin name	
white mustard	<i>Sinapis alba</i> L.	16.4
alfalfa	<i>Medicago sativa</i> L.	51.0
phacelia	<i>Phacelia tanacetifolia</i> Bentham	67.8
Egyptian clover	<i>Trifolium alexandrinum</i> L.	13.7
crimson clover	<i>Trifolium incarnatum</i> L.	26.4
wild oats	<i>Avena sativa</i> L.	3.8
white clover	<i>Trifolium repens</i> L.	77.6
buckwheat	<i>Fagopyrum esculentum</i> Moench	6.8
Total		263.5

Table 4. Plot IV: Agrarian University grass mix, spring sowing in 2014

Common name	Species	Average number of plants/m <sup>2</sup>
	Latin name	
white mustard	<i>Sinapis alba</i> L.	41.6
coriander	<i>Coriandrum sativum</i> L.	54.0
phacelia	<i>Phacelia tanacetifolia</i> Bentham	4.0
white clover	<i>Trifolium repens</i> L.	162.2
buckwheat	<i>Fagopyrum esculentum</i> Moench	10.6
Total		272.4

As for the plots with autumn sowing, in plot I the blossoming commenced in April and ends in the beginning of June. The blossoming of the Agrarian University mix commenced approximately one month later and ended at the end of June. For both plots, the duration of the blossoming was 60-63 days, as in Plot I the blossoming period was April-May, and for Plot II—May-June.

In the case of the spring sowing, for both plots (III and IV) the blossoming commenced in the second decade of May and ended at the end of June—40 days. Its duration was 20 days less and ensured a blossoming period 1-2 months later than the plots of the autumn sowing. The duration of the blossoming of the individual species, composing the mixes was different, as the blossom corresponded to the plant species included in their composition.

For the plots with autumn sowing (I and II) white mustard started blossoming the earliest—from the beginning of April until the beginning of May, and as a result, the blossoms were of a single, predominantly yellow colour. The blossoming species from the end of April (28.04) and until the end of May (28.05) were phacelia and crimson clover (08.05-28.05). They formed two levels in the grass mix: top purple-coloured and bottom red. The Egyptian and white clover blossomed in the period 28.05-04.06 and form the white blossom in the mix (Table 5).

Table 5. Blossoming period of the grass mixes in 2014

<i>Plot I: Laitamag grass mix (Hungary) (Autumn sowing)</i>		
Blossoming Period	Plant	Blossom
02.04-25.04	White mustard	Yellow
25.04-08.05	White mustard and phacelia	Yellow and purple
08.05-28.05	Phacelia	Purple: 1st level
	Crimson clover	Red: 2nd level
28.05-04.06	Phacelia	Purple: 1st level
	White and Egyptian clover	White: 2nd level
<i>Plot II: AU grass mix (Autumn sowing)</i>		
Blossoming Period	Plant	Blossom
25.04-28.05	Phacelia	Purple
28.05-24.06	Coriander and white clover	White
<i>Plot III: Laitamag grass mix (Hungary) (Spring sowing)</i>		
Blossoming Period	Plant	Blossom
20.05-27.05	White mustard	Yellow
27.05-09.06	White mustard and phacelia	Yellow and purple
10.06-15.06	Phacelia and white mustard	Purple and yellow: 1st level
	Crimson clover	Red: 2nd level
16.06-29.06	Phacelia	Purple: 1st level
	Crimson, Egyptian and white clover	Red and white: 2nd level
<i>Plot IV: AU grass mix (Spring sowing)</i>		
Blossoming Period	Plant	Blossom
19.05-27.05	White mustard	Yellow
28.05-11.06	White mustard and phacelia	Yellow and purple
12.06-17.06	Coriander and phacelia	White and purple
18.06-30.06	Coriander	White

For Plot II coriander and white clover blossom in in June, as the white blossom dominated in the grass mix.

For the plots with spring sowing (Plot III and Plot IV) the white mustard starts blossoming the earliest as well (19-20.05), but this happened 47 days later, compared to the autumn sowing. Phacelia blossomed in the period 27 May - 11 June. The two species formed two levels: bottom yellow and second predominantly yellow purple. From the middle of June and until the end of that month all clovers (crimson, Egyptian and white) blossomed simultaneously, as the red and white colour dominated in the mix.

For Plot IV solely the coriander blossomed from the second decade of June until the end of the month (18.06-30.06), resulting in predominantly white colour of the stand.

Summer mowing, after the blossoming of most plants and the commencement of complete maturity, enabled self-sowing of the plants and provided the opportunity for using the areas with the grass mixes for multiple vegetation cycles. This was observed best in the second vegetation year 2015.

After the self-sowing, the predominant species in the grass mixes (Plot II and Plot IV) were phacelia, coriander and white clover. White mustard and buckwheat were destroyed by frost for and could not over-wintering in both plots (Tables 6 and 7).

For the plots with autumn sowing the density of the stands were almost fully preserved with a close ratio of the species in the grass mix. In the spring of 2014 it was 228.4 plants/m<sup>2</sup>, and in spring 2015—216.6 plants/m<sup>2</sup>, respectively.

A different stand density was observed for the plots with spring sowing. For the grass mix it was 272.4 pcs./m<sup>2</sup> in in 2014, and in 2015 the density of the stand was reduced almost in half—130.6 pcs./m<sup>2</sup>, due to an attack by rodents.

Table 6. Agrarian University grass mix (self-sowing) Plot II (autumn sowing) in 2015

Common name	Species	Average No./m <sup>2</sup>
	Latin name	
White mustard	<i>Sinapis alba</i> L.	0
Buckwheat	<i>Fagopyrum esculentum</i> Moench	0
Coriander	<i>Coriandrum sativum</i> L.	34.2
Phacelia	<i>Phacelia tanacetifolia</i> Benth	22.8
White clover	<i>Trifolium repens</i> L.	159.6
Total		216.6

Table 7. Agrarian University grass mix (self-sowing) Plot IV (spring sowing) in 2015

Common name	Species	Average No./m <sup>2</sup>
	Latin name	
White mustard	<i>Sinapis alba</i> L.	0
Buckwheat	<i>Fagopyrum esculentum</i> Moench	0
Coriander	<i>Coriandrum sativum</i> L.	23.2
Phacelia	<i>Phacelia tanacetifolia</i> Benth	2.0
White clover	<i>Trifolium repens</i> L.	105.4
Total		130.6

The blossoming period of the plant species in the grass mixes after self-sowing coincided (Table 8).

Table 8. Blossoming period of the grass mixes after self-sowing in 2015

Period	Plant	Blossom
05.05-27.05	Phacelia and coriander	1st level: Purple and White
	White clover	2nd level: White
28.05-14.06	Coriander	1st level: White
	White clover	2nd level: White
15.06-18.07	White clover	White

The following plants blossomed from the beginning of May and until the second decade of July (05.05-18.07): phacelia, coriander and white clover. They formed two layers in the grass mix: top purple and white and bottom - white only.

#### 4. Conclusions

Based on the performed studies, it could make the following conclusions:

- The grass mixes of blossoming plants for attracting pollinators may be composed of the following plant species: white mustard, phacelia, coriander, alfalfa, wild oats, crimson, Egyptian and white clover.

- For the autumn (second decade of October) and spring sowing (the middle of March) the most suitable plant species for grass mixes are alfalfa, phacelia, wild oats, coriander and various clover species (crimson, Egyptian and white). As a result of the low winter temperatures, the following species were destroyed by frost: white mustard, buckwheat and sainfoin.
- The blossoming in the case of autumn sowing lasted for 60-63 days, beginning from the April and lasting until the beginning of June. In the case of the spring sowing, the duration was 40 days, starting from the second decade of May and until the end of June.
- The plant species phacelia and coriander formed the top level in the grass mix, which was purple- and white-coloured. White mustard, crimson, Egyptian and white clover formed the bottom level—yellow, red and white.
- The summer mowing after the white mustard, coriander, phacelia and white clover reached complete maturity, maintained the grass stand for multiple vegetation cycles.

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