Do Dairy Cattle Need Protection against Weather in a Temperate Climate? A Review

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Received: August 31, 2014	Accepted: September 21, 2014	Online Published: November 15, 2014
doi:10.5539/jas.v6n12p9	URL: http://dx.doi.org/10.55	39/jas.v6n12p9

Abstract

Information on effects of weather conditions on milk production of dairy cows is rather scarce. Legislation exists in some countries saying when and how protection should be available for cows on pasture. Producers refer to the extra costs, and are not always convinced of the return of investment. Therefore, (re)production variables of high producing dairy cows were reviewed in relation to weather conditions in a mild climate. The objective was to understand mechanisms cows are using for acclimatization, which might affect (re)production, and to propose managing tools. An overall critical dry air temperature seems to be about 16 °C, with cumulative interactions from relative humidity, wind speed, radiation and rain fall. The explanation is related to the cow's thermoregulatory physiology associated with her heat and energy balance, as a primary need. Modulating factors, such as breed, individual capacity, feed composition and farm management have to be taken into account.

The effects have to be considered as important at herd level, especially in a system with year round calving, since production might be below peak production up to six months of the year. Planning of day of calving should avoid peak production during summer, since mild heat stress might counteract the expression of genetic progress for (re)production. However, since the most important factor seems to be the level of dry air temperature, the effects will be independent of protection or not. Hence, there will be no direct return of investment moneywise, but indirectly as appreciation from society for animal welfare.

Keywords: dairy cow, production, reproduction, mild climate, legislation

1. Introduction

Effects of variables related to weather conditions on production and reproduction characteristics of cattle are well-known. Also the need for sheltering has been studied (Vandenheede et al., 1992; Tucker et al., 2007; Schütz, Cox, & Matthews, 2008). Even the impact of a combined effect of weather conditions has been established in order to take preventive measures, such as shelter and diet, in relation to weather forecast (Legrand, von Kevserlingk, & Weary, 2008). Attention has been focused on the combined effect of dry air temperature and relative humidity on milk production, allowing the definition of combinations being considered as safe, alert and danger, not only for production, but also for protecting animal welfare (Thorn, 1959; Yousef, 1985; Johnson, 1987; Bohmanova, Misztal, & Cole, 2007; Mader, Johnson, & Gaughan, 2010; Tao & Dahl, 2013). Solar radiation was found to increase the risk of heat stress, explaining 51.4% of the observed variability compared to 32.2% for dry bulb temperature, 8.9% for dew point temperature and 5.7% for wind speed (Eigenberg, Brown-Brandl, Nienaber, & Hahn, 2005). Wind speed was able to reduce the risk of heat stress, but might increase the risk of cold stress (Curtis, 1983; Yousef, 1985; Collier, Zimbelman, R. P. Rhoads, M. L. Rhoads, & Baumgard, 2006). These effects are considered as main stream, but modulated by animal related factors, such as breed, age, adaptation capacity, behavior, ... (e.g. Fisher, Roberts, Bluette, Verkerk, & Matthews, 2008, Thompson, Fadel, & Sainz, 2011; Johnson, Scharf, Weaber, Eichen, & Spiers, 2012). In fact, interactions explained relatively more the observed variation in test data than main factors such as dry air temperature or dew point temperature (Brown-Brandl, Jones, & Woldt, 2005). However, also postponed physiological effects from a few days up to two to six weeks after the climatological event have to be considered (Jordan, 2003; Morton, Tranter, Mayer, & Jonsson, 2007; D. L. Smith, T. Smith, Rude, & Ward, 2013). This seems to be well documented for reproduction characteristics such as number of inseminations per conception, conception rate and days open, although others found the largest effect from the weather conditions at or close to the day of

insemination, e.g. a drop up to 80% in conception rate (Ingraham, Gillette, & Wagner, 1971; Cavestany, EL-Wishy, & Foote, 1985; Ravagnolo & Misztal, 2002; Mellada et al., 2010).

Most of the published results are related to extreme weather conditions. The legislation in some countries (e.g. Austria, Denmark (during winter), France, Norway, Portugal, Sweden (during winter), Switzerland) is based on this scientific evidence, saving that dairy cows must have the choice to be protected against adverse weather conditions. In other countries (e.g. Belgium, Denmark (during summer), Sweden (during summer)) the formulation of legislation is only referring to the general principle of protection of animal welfare as stated in the legislation of the European Union. Hence, it is interesting to know what effects may be when dairy cattle is kept in a mild temperate climate. One can suppose that high yielding dairy cattle are more prone to an increase of environmental temperature, whereby reduction of milk production, i.e. reducing heat production, can be an adaptation mechanism to cope with mild increasing environmental temperature. In fact, even for feedlot cattle an alert value for thermal humidity index (THI) of 68 is already reported, i.e. the combination of 23.6 °C dry air temperature with 77.5% relative humidity (RH) (Brown-Brandl, Eigenberg, Nienaber, & Hahn, 2005). In the past, when 305 d milk production per cow was lower, a THI of 72 was considered as being critical. Effects of THI in temperate conditions on Holstein dairy cows are already reported in relation to production on the day of testing (Brügemann, Gernand, von Borstel, & König, 2011; Hammami, Bormann, M'hamdi, Montaldo, & Gengler, 2013), but not in relation to 305 d production and reproduction records, nor taking into account weather conditions on the day of calving or insemination.

It is clear that effects of extreme weather conditions are very well documented for dairy cows, while effects of mild conditions need more attention in view of genetic selection for steady higher production versus constraints from global warming. Therefore, production and reproduction characteristics of high yielding dairy cattle were studied in relation to weather conditions in a temperate climate in order to fill that knowledge gap. Attention is also paid to the return of investment, because producers do not see benefits from protection when dairy cows are on pasture, as being required by animal rights organizations claiming to speak for the animals and societal concerns.

2. Method

The scientific literature was reviewed. First, relevant papers were collected based on a search in electronic publications via the LIMO system developed and licensed by KU Leuven. The used key words were: cattle, dairy cow, heat stress, milk, production, reproduction, temperature, thermoregulation, weather variables. Also relevant textbooks were consulted, so that in total 79 full-text references were used for further processing. In a second step methodology and results of similar studies were critically compared. Finally, studies were merged according to the topics reported in this review, including a qualitative and quantitative synthesis to formulate conclusions (Moher et al., 2009).

Regression equations were calculated with Excel software (Microsoft Office, 2007). The data used were mean values calculated on resp. 727, 25505, 11, 17 and 200 records (Hansen & Aréchiga, 1997; Morton et al., 2007; Nabenishi et al., 2011; Tao & Dahl, 2013; Zimbelman et al., 2007). One can assume normality of distribution of the original population, based on the central limit theorem stating that the distribution of the sum (or average) of a large number of independent, identically distributed variables will be approximately normal, regardless of the underlying distribution (Stigler, 1986).

3. Definition of a Mild Climate

These climates have an average temperature above 10 °C in their warmest months (April to September in northern hemisphere), and a coldest month average between -3 and 18 °C (Peel et al., 2007).

An example is the weather conditions in Belgium and The Netherlands. The descriptive statistics are reported in Table 1 as monthly values averaged over 12 years.

Table 1. Mean, standard deviation, minimum and maximum for dry air temperature (°C), relative humidity (%), wind velocity (m/s), radiation (kJ/cm²), rain duration (minutes) and rain intensity (mm) for each month in the period 2000 - 2011

Month	Variable	Mean	Standard deviation	Minimum	Maximum
	Dry air temperature: °C				
January		3.07	4.22	-13.0	13.5
February		3.71	3.56	-5.90	15.0
March		5.80	3.54	-9.10	15.9
April		10.2	3.48	0.10	21.5
May		13.0	3.06	5.20	24.6
June		16.0	2.88	8.10	27.2
July		17.9	2.87	11.9	28.3
August		17.4	2.44	11.0	28.3
September		14.8	2.62	7.40	22.5
October		10.9	3.33	-1.30	20.1
November		7.36	3.28	-4.20	16.4
December		3.24	4.09	-11.3	13.6
	Relative humidity: %				
January		89.1	6.49	55.0	100
February		87.6	8.12	51.0	100
March		82.8	8.47	41.0	99.0
April		75.6	10.4	37.0	99.0
May		75.2	10.6	37.0	98.0
June		77.0	8.06	47.0	97.0
July		78.8	8.57	41.0	97.0
August		81.8	7.08	48.0	99.0
September		83.6	6.30	57.0	99.0
October		86.7	6.08	58.0	99.0
November		90.4	5.72	59.0	100
December		90.9	6.46	60.0	100
	Wind velocity: m/s				
January		4.74	2.58	0.10	15.3
February		4.28	2.44	0.10	15.2
March		4.23	2.27	0	15.7
April		3.61	1.97	0.20	13.6
May		3.81	1.94	0.10	12.4
June		3.37	1.89	0.10	13.9
July		3.30	1.94	0.10	13.9
August		3.17	1.77	0.10	12.9
September		3.34	2.07	0	14.5
October		3.86	2.02	0	14.1
November		4.23	2.19	0.10	16.9

December	4 18	2 34	0	15.1
Radiation: kI/cm ²	1.10	2.31	Ū.	10.1
January	653	427	44	2120
February	1180	743	111	3786
March	2457	1218	228	5303
April	4315	1414	667	7222
May	5063	1897	578	9499
June	5472	1830	728	8994
July	5071	1726	731	8420
August	4098	1465	475	7328
September	3046	1195	256	5725
October	1762	822	164	3828
November	747	405	19.5	2096
December	471	286	47.2	1525
Rain: number of minutes				
January	150	216	0	1284
February	144	202	0	1344
March	104	179	0	1440
April	59.5	120	0	894
May	85.7	154	0	1194
June	66.6	120	0	912
July	98.9	166	0	1320
August	90.3	147	0	1260
September	87.5	163	0	1266
October	97.5	162	0	1302
November	148	197	0	1380
December	144	193	0	1254
Rain intensity: mm				
January	2.35	4.28	0	37.8
February	2.03	3.61	0	31.8
March	1.58	3.20	0	35.7
April	1.13	2.77	0	26.2
May	1.87	4.13	0	43.8
June	1.98	4.49	0	75.9
July	3.23	5.84	0	60.0
August	3.24	7.23	0	142
September	2.12	4.51	0	53.6
October	2.15	4.19	0	62.1
November	2.45	4.43	0	87.9
December	2.33	3.86	0	40.3

4. Reproduction

Textbooks report target values for number of inseminations 1.5, interval calving insemination 90 days and a between calving interval of 390 days. Hansen and Aréchiga (1997) found that embryos were most sensitive to a high body temperature one or two days after conception, but this effect could be extended to six days after insemination (Morton, Tranter, Mayer, & Jonsson, 2007). Berman (2011) suggested breed differences, i.e. embryos from *B. indicus* cattle being more tolerant to high temperatures, but interactions from genetic differences attributed to sire effects independent of breed, and farm management should be taken into account. An increase of THI from 66 to 78 was associated with a decrease of conception rate from 47 to 27%, while Nabenishi et al. (2011) found a decrease of only 12%. The critical limit for THI in relation to a reduced conception rate in meat cattle was set at 73, and for minimal daily dry air temperature at 17 °C (Amundson, Mader, Rasby, & Hu, 2006). Roelofs, López-Gatiusc, Hunterd, van Eerdenburge and Hanzen (2010) found that a reduction of 1 day of interval calving to insemination decreased the between calving interval by 0.86 day.

A negative effect of mild heat on conception rate was explained as a short term effect by suppressing the signs of estrus, so that farmers failed in successful estrus detection (Swazdauskas, 1985; Casasús, Sanz, Villalba, Ferrer, & Revilla, 2002). Of course, no estrus and no pregnancy mean also no increase in heat production. However, long term effects of heat stress on oocyte quality and early embryonic development are not excluded (Wolfenson, Roth, & Meidan, 2000; Paula-Lopez et al., 2013). The question remains, whether it is the result of a single event within a sensitive period, or an effect of duration (several days or a series of days) in combination with a suboptimal environment. Hammami et al. (2013) reported a mean value of 80 days a year between 2000 and 2011 with a THI being considered as too high, in the province Luxemburg, South-West of Belgium. Avendano-Reyes et al. (2006) reported an increase of services per conception up to 34% in case cows were not cooled during the dry period at dry air temperatures up to 50 °C. Such an increase was also the case for the number of open days.

Dry air temperature °C	THI	Vaginal temperature °C	Conception rate %	Authors
Cooled		39.2 (0.14)	55 (3)	
Not cooled		39.4 (0.14)	41 (3)	Avendo-Reyes et al. (2006)
			$\Delta = -25\%$	
25			30	
35			10	Hansen & Aréchiga (1997)
$\Delta = +40\%$			$\Delta = -67\%$	
	66		46	
	78		25	Morton et al. (2007)
	$\Delta = +18\%$		$\Delta = -46\%$	
19.7	< 70	38.5 (0.1)	38	
30.7	> 70	40.5 (0.2)	25	Nabenishi et al. (2011)
$\Delta = +55.8\%$		$\Delta = +5.20\%$	$\Delta = -34\%$	

Table 2. Summary of results on variability of conception rate (%) and dry air temperature (°C), THI and vaginal temperature (°C). Δ means percentage increase or decrease



Figure 1. Conception rate (%) versus dry air temperature (°C), based on the results reported by Hansen and Aréchiga (1997), Morton et al. (2007) and Nabenishi et al. (2011), with % conception = 72.6 - 1.70 °C (r = -0.9610; P < 0.05)

Table 2 shows that conception rate might be reduced up to 67% when dry air temperature increased with 40%, but depending on the level of dry air temperature and interaction with RH. This association is reported in the four refereed different studies, so that the mean effect may be considered as independent from breed, housing and management between these studies.

The explanation is mainly formulated in relation to the physiology of the cow. Wolfenson, Roth, and Meidan (2000) found lower levels of estrogen, progesterone and LH when cows showed signs of heat stress around time of insemination, impairing the development of the embryo, increasing embryonic mortality. Paula-Lopes, Lima, Satrapa, and Barros (2013) stated that heat stress during maturation of the oocyte and during first cleaving division, could induce cellular damage in the cytoplasmatic and nuclear components. The increase in the number of inseminations, up to 100%, was explained by a drop in estrus detection rate (Hansen & Arechija, 1997), and probably related to a reduced duration and intensity of estrus (Jordan, 2003).

5. Milk Production

The higher critical temperature for a reduction of milk production, i.e. 3%, was set at 29 °C, in combination with a RH of 40% and 30% in combination with 90% RH (West, 2003). Protection by shade increased milk production with 10%. The proposed shaded area per cow is $4.2 - 5.6 \text{ m}^2$, while Schütz, Rogers, Poulouin, Cox, and Tucker (2010) recommended 9.6 m². However, certain rules in relation to geometrical parameters have to be applied (Berman & Horovitz, 2012). Feeding during the night and paddocks were preferred in stead of providing shade by trees, reducing pasture growth (Ainsworth, Moe & Skarpe, 2012). Dry air temperature two days before milking had the largest impact, i.e. a 10% drop in milk quantity and 20% lower casein content (Nardone, Ronchi, Lacetera, & Bernabucci, 2006). A lag time of two days was also reported by Bertocchi et al. (2014), but with respect to the effect of THI on milk composition. Butler, Stergiadis, Seal, Eyre, and Leifert (2011) found no effect on protein content, but a drop of fat content with 6%. Seasonal effects on milk production were also reported, with 7% higher milk production when calving in December compared to June (Barash, Silanikove, Shamay, & Ezra, 2001).

The fact that the average kg milk of the test samples is higher in April than in October, being months with the same daily mean dry air temperature, might also be explained by an increasing photoperiod in the months before April (Bertocchi et al., 2014). However, Bertocchi et al. (2014) did not report on data related to kg milk, but assumed that a drop in %fat or %protein might not only be explained by an increase of THI, but also by a dilution effect caused by an increase of kg milk associated with a longer photoperiod in spring, since values of THI can be the same in spring and autumn. Unfortunately, THI and photoperiod increase or decrease together, and cannot be separated from the season for the data being investigated. The negative effect of high air temperatures on milk production overruling the positive effect of increasing photoperiod was reported by Barash et al. (2001).

6. Thermoregulation and Negative Energy Balance

These impacts are explained by the fact that thermoregulatory mechanisms, including reduced feed intake, maintain thermal balance at the expense of milk production and reproductive efficiency (Shearer & Beede, 1990; Kadzere, Murphy, Silanikove, & Maltz, 2002). Indeed, an increase of respiratory frequency, i.e. energy consuming muscular activity, was observed when dry air temperature exceeded 20 °C (Nienaber & Hahn, 2007). In case an increase of rectal temperature could not be avoided, i.e. in non diseased cows (Wenz, Moore, & Kasimanickam, 2011), milk production decreased (Umphrey, Moss, Wilcox, & Van Horn, 2001). The first sign of loss of thermal comfort is looking for shelter (Tucker, Rogers, & Schütz, 2008). Time spent on pasture during daytime dropped from 60% to 40%, being significant despite a range of 10% around the mean, with an increase of THI from 54 to 68, when provided free access to pasture and free stall housing (Falk, Weary, Winckler, & von Keyserlingk, 2012). Cows were found to be 5 times more in shadow when dry air temperature was higher than 25 °C (Schütz et al., 2008, 2010), resulting in a lower respiration frequency when being in shade (Eigenberg, Brown-Brandl, Nienaber, & Hahn, 2005; Schütz et al., 2010). A time lag of several hours was observed before feedlot cattle showed an increase of deep body temperature and/or respiration rate, which was shorter in case of weather conditions indicating alert, danger or emergency for heat stress (Brown-Brandl, Eigenberg, Nienaber, & Hahn, 2005; Sharf et al., 2011). The importance of water intake to maintain deep body temperature, but also mineral metabolism to compensate for sweating, is paramount (Silanikove, 2000).

Zimbelman et al. (2009) re-evaluated the threshold of THI associated with a reduction of milk production. They proposed a value of 68 as threshold for current high producing cows in stead of 72 (25 °C in combination with 50% RH), applied in the past to predict risk for heat stress. Bertocchi et al. (2014) proposed a critical value for THI between 50.2 and 72.8, depending on the parameter for milk composition investigated, i.e. somatic cell count, total bacterial count, percentage fat or protein.

A lower milk production during the subsequent lactation as a result of heat stress during the preceding dry period is explained either by a direct effect on mammary tissue growth (Adin et al., 2009) and indirectly by a shorter growing period of the mammary gland due to a shortened pregnancy period (Tao & Dahl, 2013). A decrease in fertility is explained as an effect of a negative energy balance on the quality of oocytes and embryos, as indicated by an increased calving – conception interval (De Rensis & Scaramuzzi, 2003). A negative energy balance is mainly related to the fact that feed intake cannot match the requirements for growth and/or pregnancy and/or milk production. Feed intake can be reduced to cope with high temperature, whether or not in combination with high humidity (Sharf et al., 2012).

It is generally accepted that homoeothermy is maintained by adapting simultaneously heat production and heat loss (conduction, convection, radiation, evaporation). In case heat loss is reduced because of a too small difference between body temperature and dry air temperature, and/or a reduced gradient in vapor pressure, less heat will be produced by e.g. reducing feed intake, resulting in a decreased milk production. This central mechanism is illustrated in Figure 2, showing the negative relationship between variability of deep body temperature and variability of milk production. An increase of deep body temperature is explained by heat accumulation, i.e. heat production higher than heat loss and/or heat transfer from the environment to the body. The reduction of milk production might be explained by the fact that the maximal capacity of heat loss is operational, and heat production needs to be lowered aiming to keep deep body temperature within the set range as a primary need. Variability with respect to the regression line indicates that when the increase of deep body temperature is small, variability within reduction of milk production is higher than at higher rectal temperatures, despite differences between the sources of data. Probably, when the increase of rectal temperature can be considered as still small, there might be an overlap between mechanisms of physical thermoregulation and reduction of heat production, while at higher rectal temperature the potential for heat loss is at its maximum, adding less variability. As long as the reference temperature set in the hypothalamus is still changing aiming for acclimatization (Bligh, 1966), feed intake and milk production have to be reduced, decreasing heat production. However, the clearance rate of the digestive system has to be taken account, explaining the delay in effect of reduced feed intake. It might also explain why effects are found to be related to weather conditions days back in time.

The results of Dikmen and Hanssen (2009) show that mean rectal temperature of lactating Holstein cows started to increase when dry air temperature was higher than 20 °C, wet bulb temperature higher than 19 °C and THI higher than 65, although with large variability around the mean.

Dry air temperature °C	THI	Rectal temperature °C	Kg milk/d	
26.7 °C + cooling			41.4 (0.13)	
27.0 °C			39.3 (0.13)	Adin et al. (2009)
			$\Delta = -5\%$	
		38.5	40	
		39.0	35	
		$\Delta = +1.3\%$	$\Delta = -12.5\%$	
		39.5	30	Tao and Dahl (2013)
		$\Delta = +2.6\%$	$\Delta = -25\%$	
	60	38.4	34	
	70	39.0	32	
	$\Delta = +16.7\%$	$\Delta = +1.6\%$	$\Delta = -5.9\%$	
	80	39.6	30	Zimbelman et al. (2009)
	$\Delta = +33.3\%$	$\Delta = +3.1\%$	$\Delta = -11.8\%$	

Table 3. Summary of results on variability of kg milk/d and dry air temperature (°C), THI and rectal temperature (°C). Δ means % increase or decrease



Figure 2. Daily milk production (kg) versus rectal temperature (°C), with Kg milk = 270 - 6.07 °C (r = -0.7923; P < 0.05), calculated with the results from Tao and Dahl (2013) and Zimbelman et al. (2007)

7. Conclusions

Production and reproduction characteristics of high producing dairy cows are sensitive to warm weather conditions being considered as mild heat stress. However, not only the level of dry air temperature and/or humidity as such has to be taken into account, but also their increase compared to the value associated with acclimation or adaptation as a reference. In most studies the value of THI is selected to defining alarming conditions. There seems to be a consensus to set the alarming level of THI between 60 and 65 for milk production at population level, but also for conception rate. The explanation for both has to be found in relation to the cow's thermoregulatory physiology and effects of a negative energy balance at animal level, taking into account individual variability. However, additional mechanisms specifically related to reproduction and/or lactation physiology have to be considered for a complete explanation (Walsh, Williams & Evans, 2011).

Dry air temperature as such is most important, having significant effects from about 16 °C on, i.e. the higher the genetic potential for milk production, the lower the threshold for temperature at risk. Hence, the higher the risk of not being able to realize the genetic potential when interventions related to artificial cooling are not

operational, e.g. providing shade to avoid radiation effects. This might also have implications on the cows' welfare. The counter effect on reproduction is enhanced when at the day of insemination dry air temperature is above a critical level in combination with effects of relative humidity, wind speed, rain intensity and radiation. Hence, it would be interesting to investigate whether or not the estimated error on the calculated breeding value is reduced when using actual information on weather conditions at the time of insemination or calving in stead of applying fixed correction factors for seasonal effects on genetic parameters with respect to production and reproduction.

The effects have to be considered as important, especially in a system with year round calving, since production might be about six months of the year below peak production (see weather conditions presented in Table 1), due to time necessary to recover from bottom to peak production related to warm weather conditions. Possible interventions suggested in the literature are aiming to reduce heat production: on pasture during the night in case of being connected with the farm buildings, feed with a low heat increment, forced ventilation and air conditioning when cows are indoors (Saucedo-Quintero, Robinson, & Fadel, 2006). Hence, selection for heat tolerance should be based on production results collected in summer, although the significant effect on production results during summer seems also related with other factors to be investigated.

The financial impact for the farmer might be substantial. Inchaisri, Jorritsma, Vos, van der Weijden, and Hogeveen (2010) calculated for dairy farms in The Netherlands an economic impact on reproductive performance varying from -34 EUR/cow when management is optimal, to -231 EUR/cow when management is suboptimal. The genetic progress will be more counteracted by heat stress for reproductive performance, since h^2 values are much lower than for production characteristics, especially in suboptimal managed farms (Roibas & Alvarez, 2010; Weller & Ezra, 2004).

It can be concluded that high producing dairy cows apply acclimatization mechanisms when dry air temperature increases in mild weather conditions. However, it might be expected that providing protection (trees, shelter) on pasture will not improve (re)production, but only animal welfare, i.e. thermal comfort. The level of dry air temperature seems to be the most important factor, which has mostly the same value in- or outside, due to ventilation events. Hence, there will not be a direct return of investment moneywise for providing shelter, but indirectly by improving animal welfare and meeting societal concerns. Animal welfare will be improved, because cows have the possibility to choose. It has been proven that cow's energy expenses are reduced when coping with heat stress is easy and successfully to maintain homoeothermy. Legislation, which should be guidelines based on scientific evidence, is only necessary in case farmers are not convinced that animal welfare is an important aspect of sustainable production.

Acknowledgements

This study was funded by the Federal Public Service of Health, Food Chain Safety and Environment (Belgium) (contractRT10/13 PASSTRESS). The Royal Meteorological Institute of Belgium and The Netherlands provided the data from weather stations.

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