

# A Common Beta Tubulin Isotype-1 Gene Single Nucleotide Polymorphism as a Tool for Detection and Quantitation of Anthelmintic Resistant *Haemonchus contortus* in Grazing Goats

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## Abstract

*Haemonchus contortus*, a gastrointestinal parasite costs the global small ruminant industry massive production loss and drug costs per annum. In *Haemonchus contortus*, one of the single nucleotide polymorphisms (SNP) at codon 200 of the  $\beta$  tubulin isotype-1 gene (TTC to TAC), renders this nematode resistant to benzimidazole based anthelmintics. Goats infected with such strains are resistant to benzimidazole based anthelmintics. We used this well established SNP as a diagnostic tool to detect and quantify resistant *Haemonchus contortus* in grazing goats. Spanish goats had 28% higher ( $P < 0.05$ ) amounts of both benzimidazole sensitive and resistant strains of *Haemonchus contortus* in stool than Myotonic goats. Bucks also had 25% higher ( $P < 0.05$ ) of both sensitive and resistant strains than Does. These data demonstrate that this SNP can be used as a diagnostic tool for detection and quantitation of *Haemonchus contortus* in the stool of grazing goats.

**Keywords:** *Haemonchus contortus*, Real Time PCR,  $\beta$  tubulin isotype-1, Anthelmintic resistance, Goat

## 1. Introduction

*Haemonchus contortus* is a blood sucking parasite that infects the gastrointestinal tract of small ruminants. Once attached to the abomasal wall the parasite burrows in, mates with other adults and lays eggs that are then passed out through the feces. On contact with the soil, and in favorable conditions, eggs hatch and L3 larvae then attach to the blades of grass in the pasture. Ingestion of these larvae by the animal begins the infection process and the cycle again (Kelly et al., 1978; Silverman & Campbell, 1959). The small ruminant livestock industry is plagued in part by the parasite *Haemonchus contortus* because of its resistance to anthelmintic drugs (Barton et al., 1985; Bjørn, Monrad, Kassuku, & Nansen, 1990; Borgsteede, Pekelder, & Dercksen, 1996; Howell et al., 2008; Prichard, 1994; Rahman, 1994). Anthelmintics are drugs used to treat gastrointestinal nematodes, but are often misused through frequency of use and lack of definitive diagnosis. As a result *Haemonchus contortus* becomes resistant to these and therefore infection is becoming difficult to control, and is costly to the industry. Standard diagnostic methods such as FAMACHA eye color reference charts (Ejlertsen, Githigia, Otieno, & Thamsborg, 2006; Gauly, Schackert, & Erhardt, 2004; Kaplan et al., 2004; Koopmann, Holst, & Epe, 2006; Reynecke, van Wyk, Gummow, Dorny, & Boomker, 2011) (FAM) and packed cell volume (PCV) (Strumia, Sample, & Hart, 1954; Strumia, Strumia, & Dugan, 1968) (used to determine clinical anemia), and fecal egg counts (FEC) (Cringoli, Rinaldi, Veneziano, Capelli, & Scala, 2004; von Samson-Himmelstjerna, Coles, et al., 2009; Várady, Cudeková, & Corba, 2007) are regularly used to detect *Haemonchus contortus* infection in goats and in-turn determine whether or not to treat with anthelmintics such as benzimidazoles. Benzimidazoles are a group of anthelmintics used to specifically target the  $\beta$  tubulin isotype-1 gene in *Haemonchus contortus* (Beech, Prichard, & Scott, 1994; Geary et al., 1992; Lubega, Klein, Geary, & Prichard, 1994). However, a mutation on the

$\beta$  tubulin isotype-1 gene of *Haemonchus contortus* often renders benzimidazoles ineffective (Kwa, Veenstra, & Roos, 1994; Rufener, Kaminsky, & Mäser, 2009; Silvestre & Humbert, 2002). Resistance occurs in *Haemonchus contortus* because of single nucleotide polymorphisms (SNPs) (Garg & Yadav, 2009; Ghisi, Kaminsky, & Mäser, 2007; Kwa, Kooyman, Boersema, & Roos, 1993; Kwa, Veenstra, & Roos, 1993; Kwa et al., 1994; Rufener et al., 2009) one of which is in the  $\beta$  tubulin -1 gene (TTC (susceptible) to TAC (resistant) (Kwa et al., 1994). Using standard methods alone in determining *Haemonchus contortus* is insufficient since these methods are both qualitative (FAM) and semi-quantitative (PCV, FEC). Furthermore, clinical anemia and PCV can result from conditions other than *Haemonchus contortus* infection (Anosa & Isoun, 1976; Moake & Schultz, 1975; Nicholson, 2011), and FEC can be inaccurate as it requires counting the parasites by size (Cringoli et al., 2004; Levecke et al., 2011; Rinaldi, Coles, Maurelli, Musella, & Cringoli, 2011). Therefore it can be unclear as to the causative agent of anemia and whether the drug will work. The need for evaluation of genomic diagnostic tools has resulted in studies attempting to develop definitive diagnostic methods for *Haemonchus contortus* infection in small ruminants (Alvarez-Sánchez, Pérez-García, Cruz-Rojo, & Rojo-Vázquez, 2005; Gilleard, 2006; Höglund et al., 2009; Otsen et al., 2001; Otsen, Plas, Lenstra, Roos, & Hoekstra, 2000; Silvestre & Humbert, 2000; Tiwari et al., 2006; von Samson-Himmelstjerna, Walsh, et al., 2009). We therefore demonstrate use of the well established SNP of the  $\beta$  tubulin isotype-1 gene as a dual molecular based diagnostic tool for quantitation (both semi-quantitative and quantitative) of *Haemonchus contortus* load and detection of its resistance to benzimidazole based anthelmintics in grazing goats.

## 2. Materials and Methods

### 2.1 Animals and Standard Method Detection

Spanish and myotonic goats housed at VSU Randolph farm and grazing pasture were screened for parasite load via FEC using a modification of the McMaster technique (Cringoli et al., 2004). In brief, fresh rectal fecal samples were collected into sterile bags and stored at  $-80^{\circ}\text{C}$  for molecular analysis. Strongyle/Trichostrongyle eggs (80-90 microns) were counted at a 10X microscopic magnification and eggs per gram EPG (total eggs X 50) determined. Blood samples were collected and analyzed for PCV via the micro-hematocrit method (Strumia et al., 1954). Clinical anemia status was determined using FAMACHA eye color chart scores ( $\leq 3$ = normal, 4 or 5= anemia). The EPG, FAM and PCV data collected were analyzed using SAS version 9.1.3, (Cary, North Carolina).

### 2.2 Total RNA Extraction of *Haemonchus Contortus* from Goat Feces

Total RNA was isolated from goat fecal samples previously stored at  $-80^{\circ}\text{C}$  using a modified (Gauthier, Madison, & Michel, 1997) RNA isolation procedure. Approximately 220 mg of frozen feces was weighed out and placed into sterile 5 ml eppendorf centrifuge tubes. Under a fume hood, 1 ml of Guanidine thiocyanate (GTC) (4M GTC, 25mM Sodium citrate pH 7.0 and N-0.5% lauroylsarcosine) was added to each tube along with 0.1 M 2-mercaptoethanol (0.01 of total volume) and homogenized. Subsequently, one-tenth of the total volume of 2M sodium acetate was added to each tube and vortexed. One volume of phenol:chloroform:isoamyl alcohol (25:24:1) was then added to each tube and the tube placed on ice for 15 minutes. The tubes were then centrifuged at 5000 rpm for 20 minutes in a refrigerated centrifuge (Megafuge 16 R, ThermoScientific). The Phenol extraction step was repeated twice in order to maximize purity of extracted RNA. The remaining steps in the extraction followed the referenced procedure (Gauthier et al., 1997) except for the centrifugations steps described above and DNase treatment (1U/ $\mu\text{l}$ ) to remove contaminating genomic DNA. Concentration and purity of total RNA was determined using a Nanodrop ND-1000 spectrophotometer (ThermoScientific). The RNA was stored at  $-80^{\circ}\text{C}$  for later use in RT-PCR and quantitative Real Time PCR (qRT-PCR).

### 2.3 Reverse Transcriptase PCR (RT-PCR)

Oligonucleotide primers were designed from mRNA of the *Haemonchus contortus*  $\beta$  tubulin isotype-1 gene (GenBank Accession GQ910909) to target the SNP (TTC to TAC) using the primer design feature of the bioinformatics software, CLC Main Workbench (<http://www.clcbio.com>). Primers and target regions used for initial detection and amplification of the SNP are given in Table 1. For amplification of the sensitive and resistant alleles the designated primers and the GORreverse were used as primer pairs. The RT-PCR was conducted using the recommended protocol of the Verso 1-step RT-PCR kit (ThermoScientific) except 1  $\mu\text{l}$  of BSA (50mg/ml) was added to each reaction to counteract remaining fecal contaminating proteins. Thermocycling conditions for 40 cycles were as follows:  $50^{\circ}\text{C}$  15 minutes,  $95^{\circ}\text{C}$ , 2 minutes (initial denaturation),  $95^{\circ}\text{C}$ , 30 secs,  $55^{\circ}\text{C}$ , 1 minute,  $72^{\circ}\text{C}$ , 1minute repeated 39 times and a final extension at  $72^{\circ}\text{C}$  for 5 minutes. Successful amplification of the target *Haemonchus contortus*  $\beta$  tubulin isotype-1 cDNA was verified by 1.5% agarose gel electrophoresis and visualized using a U:Genius UV gel documentation system (SynGene, Fredericksburg, MD) equipped with a high resolution CCD camera for quality image capture and configured with Genetools Analysis Software.

#### 2.4 Gene Sequence Verification

For  $\beta$  tubulin isotype-1 and SNP verification, the amplified RT-PCR products were purified from gels (Freeze N Squeeze, Bio-Rad) and PCR clean up columns (Qiagen and Bio-Rad) and sequenced at GeneWiz (South Plainfield, New Jersey). Nucleotide sequences were analyzed using sequence analysis software (NCBI-BLAST, CLC Main Workbench). Following gene verification, qRT-PCR and endpoint PCR (Genetools UV gel documentation software) analysis (semiquantitative) were conducted to detect and quantify benzimidazole resistant and sensitive strains of *Haemonchus contortus*.

#### 2.5 Quantitative Real Time-RT-PCR

Quantitative Real Time RT-PCR was conducted using the iScript One Step RT-PCR kit with SYBR Green (BioRad). In a 50  $\mu$ l reaction, forward primers (300nM each) targeting sensitive and resistant alleles were prepared in separate reactions each with a common reverse primer. DNase treated total RNA (100ng) was added to each reaction. The  $\beta$ -Actin gene was used as an internal standard for relative quantity calculation. Thermal cycling conditions were performed as recommended. Briefly, thermal cycling conditions entailed cDNA synthesis: 10 min at 50°C, iScript Reverse transcriptase inactivation: 5 min at 95°C. PCR cycling and detection (45 cycles): 10 to 15 sec at 95°C 30 sec at 55°C. A melting curve was performed at 65°C-95°C with increments of 0.5°C for 5 seconds. Relative fold gene expression data were collected and subjected to statistical analysis.

### 3. Statistical Analysis

All data were analyzed using the General Linear Model procedure of SAS. To account for trial (n=3) differences, the data were analyzed in a Randomized Complete Block Design. Means were considered significant at the 5% level of probability.

### 4. Results and Discussion

Grazing goats screened for FEC, FAM and PCV confirmed GIN infection (data not shown). Primers designed to target benzimidazole sensitive and resistant strains successfully amplified 208 bp fragments (Figure 1) of the *Haemonchus contortus*  $\beta$  tubulin isotype-1 gene from extracted goat fecal RNA. The BLAST (Altschul, Gish, Miller, Myers, & Lipman, 1990; Altschul et al., 1997) results verified that the amplified 208 bp fragments were 100% *Haemonchus contortus*  $\beta$  tubulin isotype-1. Nucleotide and amino acid sequence analysis of the 208 bp fragments verified the presence of both the wild type TTC and the TAC SNP. (Figures 2-3) and the Phe to Tyr amino acid change. Endpoint PCR analysis showed that Spanish goats had 28% higher ( $P < 0.05$ ) amounts of both benzimidazole sensitive and resistant strains of *Haemonchus contortus* in stool than Myotonic goats (Figure 4). Bucks also had 25% higher ( $P < 0.05$ ) of both sensitive and resistant strains of *Haemonchus contortus* than Does (Figure 5). The qRT-PCR analysis allowed detection and quantification of both benzimidazole sensitive and resistant strains of *Haemonchus contortus*  $\beta$  tubulin isotype-1 cDNA, however no significant differences in *Haemonchus contortus* sensitive and resistant loads ( $P > 0.05$ ) were evident between breeds and gender (Figures 6-7). Benzimidazole resistance of *Haemonchus contortus* has become a serious problem for small ruminant farmers worldwide (Dorny, Claerebout, Vercruyse, Jalila, & Sani, 1993; Dorny, Claerebout, Vercruyse, Sani, & Jalila, 1994). Therefore many tests have been developed for evaluating the benzimidazole resistance phenotype or genotype of this parasite (Alvarez-Sánchez et al., 2005; Andrews, 2000; Beech et al., 1994; Echevarria, Gennari, & Tait, 1992; Garg & Yadav, 2009; Geary et al., 1992; Herd, Streitl, McClure, & Parker, 1984; Lacey & Snowdon, 1988; Otsen et al., 2001; Roos et al., 1990; Silvestre & Humbert, 2000). Sustainable use of anthelmintics requires regular monitoring of drug efficacy on individual small ruminant farms (Dobson, Hosking, Besier, et al., 2011; Dobson, Hosking, Jacobson, et al., 2011). In addition to the FAM, FEC and PCV standard diagnostic methods, another common phenotypic test is the egg hatch test (Hall, Campbell, & Richardson, 1978; von Samson-Himmelstjerna, Coles, et al., 2009; Várady et al., 2007), which is based on the drug concentration required to inhibit hatching of 50% of nematode eggs. The sensitivity of such methods is relatively poor, and molecular diagnostic tests such as qRT-PCR, designed to target anthelmintic drug resistance through gene polymorphisms are usually highly sensitive (Alvarez-Sánchez et al., 2005; Barrère et al., 2011; von Samson-Himmelstjerna, Walsh, et al., 2009; Walsh, Donnan, Jackson, Skuce, & Wolstenholme, 2007). The results of this study demonstrate that molecular quantitation of *Haemonchus contortus* load and detection of its resistance to benzimidazole based anthelmintics is possible. Correlations (data not shown) between standard methods of detection behaved as expected in that high FAM eye color scores were indicative of a low PCV and a high FEC. The weak relationship between molecular quantitation methods and standard methods (FEC and FAM) emphasized the difference between qualitative vs. quantitative and species specific detection methods. Although the FEC method is semi-quantitative, direct detection of *Haemonchus contortus* may not always be accurate since the counts are highly dependent on the size of the egg (80-90 nm). Studies still strive to improve the

accuracy of the FEC method in the hopes of preserving new anthelmintics (Dobson, Hosking, Jacobson, et al., 2011; Grimshaw, Hong, & Hunt, 1996). Even though qRT-PCR analysis could not detect a significant difference between breed and gender, benzimidazole sensitive and resistant strains of *Haemonchus contortus* were successfully detected and quantified in goat feces using the  $\beta$  tubulin isotype-1 gene SNP. With acknowledgement that endpoint PCR is semi-quantitative and not as reliable as qRT-PCR, this method still served as a molecular based method to specifically identify *Haemonchus contortus* in naturally exposed Myotonic and Spanish grazing goats.

## 5. Conclusion

These results imply that molecular detection and quantitation methods are a good way to enhance standard methods of detection and thus allow closer monitoring of the development of anthelmintic resistance in goats. However, these data do not translate into replacement of the standard methods of *Haemonchus contortus* detection, but demonstrate that molecular detection of *Haemonchus contortus* is necessary not only for definitive diagnosis and parasite load, but that SNP detection can aid in determining whether animals are infected with benzimidazole sensitive or resistant strains of *Haemonchus contortus*. Molecular detection can save the livestock industry billions of dollars in that it can aid pharmaceutical companies to target this GIN at the molecular level and thus improve anthelmintic drugs to treat *Haemonchus contortus*. The trickle down effect or impact on the small ruminant industry will be evident when farmers and producers are able to make better informed decisions on what species of goat to purchase for breeding stock and when to administer the most effective anthelmintic.

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Table 1. Primers and Target Regions used for Detection and Quantitation of *Haemonchus contortus* benzimidazole sensitive and resistant  $\beta$  tubulin isotype-1 gene SNPs from goat stool

Accession No.	Primer name	Primer sequence	Target Region	Fragment Length
GQ910909	GQForward	5'-ACCCTTTCCGTCCATCAATTGG-3'	239-260	239
	GQReverse	5'-GAATCGGAGGCAGGTCGTGACT-3'	Complement (456-477)	
	Hc sensitive F	5'-ACCGATGAAACATTCTGTATTGACAACGAA-3'	270-477	208
	Hc resistant F	5'-ACCGATGAAACATACTGTATTGACAACGAA-3'	270-477	208

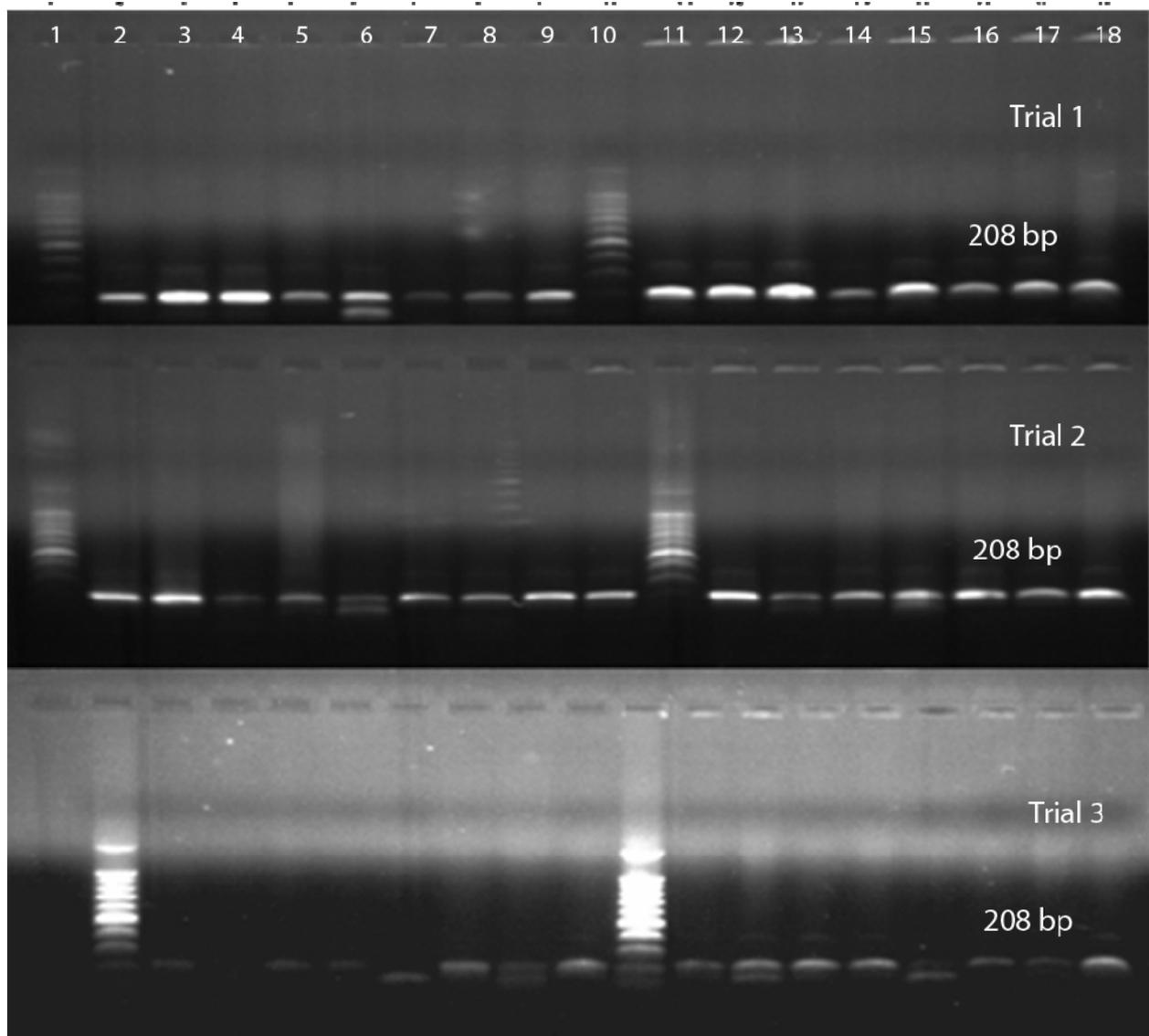


Figure 1. Gel Electrophoresis of *Haemonchus contortus* benzimidazole sensitive and resistant  $\beta$  tubulin isotype-1 gene SNPs from goat stool. Lanes 1 and 10= MW marker (100 bp), Lanes 2-9 = *Haemonchus contortus* benzimidazole sensitive strains, Lanes 11-18 = *Haemonchus contortus* benzimidazole resistant strains

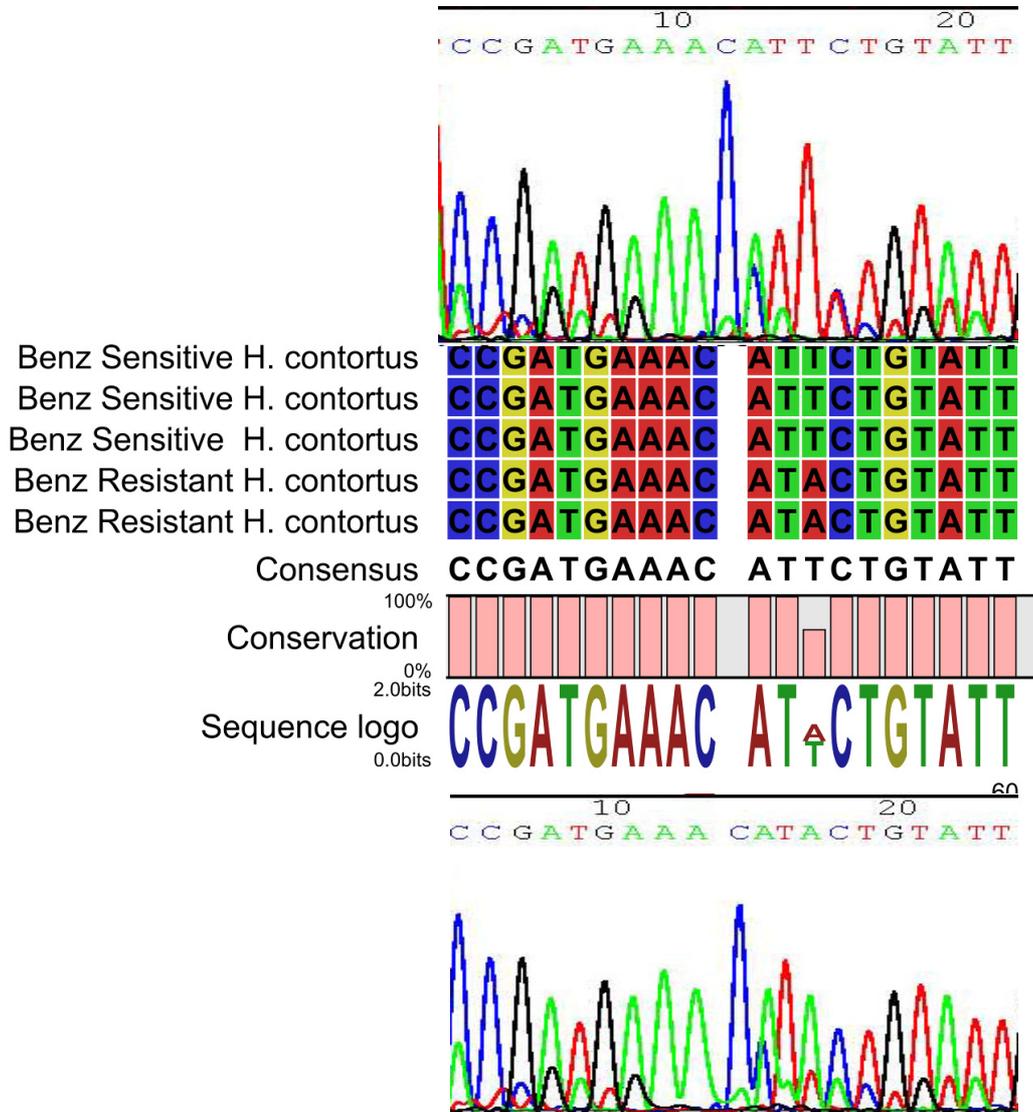


Figure 2. Nucleotide sequence alignment of the  $\beta$  tubulin isotype-1 gene SNP of *Haemonchus contortus* benzimidazole sensitive and resistant strains isolated from goat stool

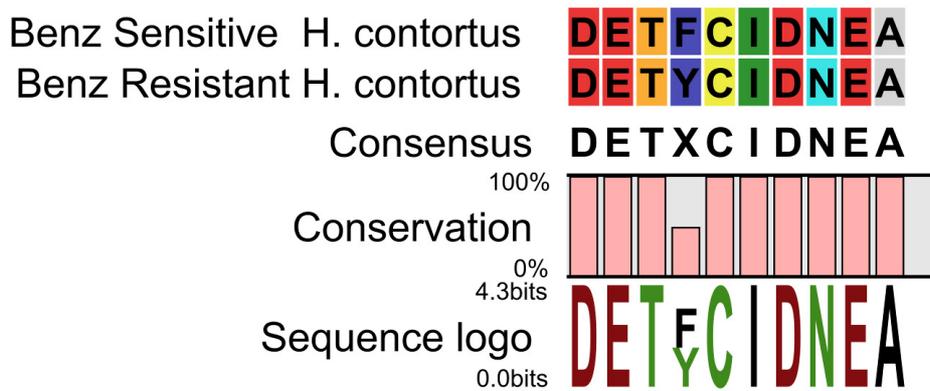


Figure 3. Amino Acid translation of *Haemonchus contortus*  $\beta$  tubulin isotype-1 gene SNP of *Haemonchus contortus* isolated from goat stool

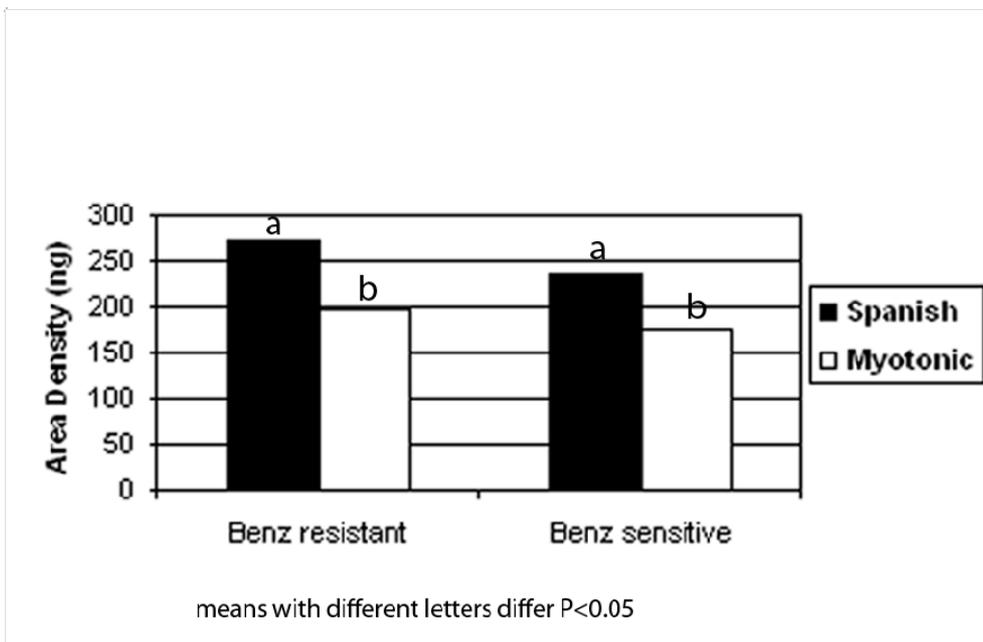


Figure 4. *Haemonchus contortus* benzimidazole sensitive and resistant strains in goats relative to breed using EndPoint PCR analysis

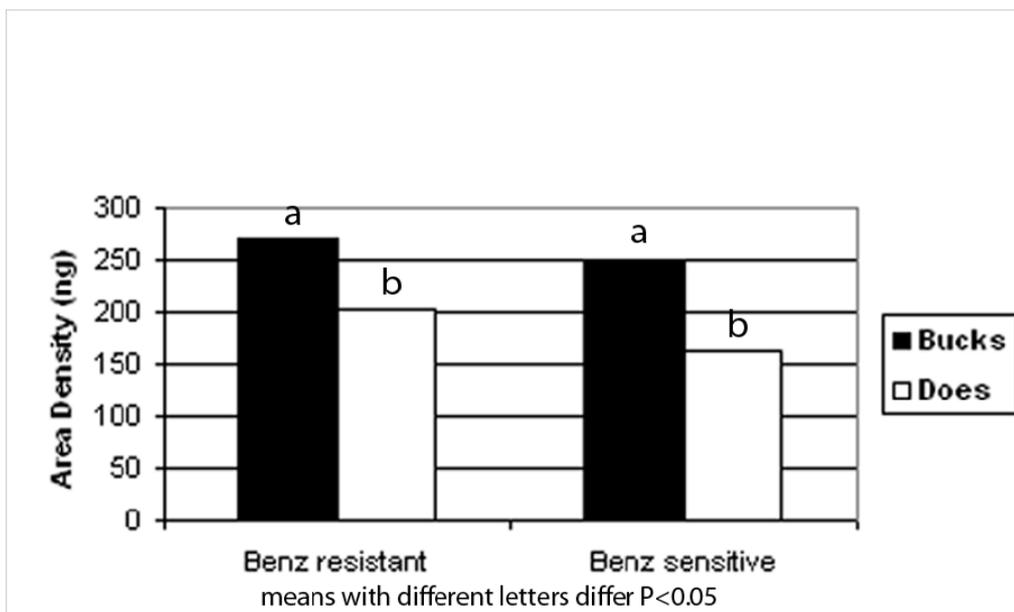


Figure 5. *Haemonchus contortus* benzimidazole sensitive and resistant strains in goats relative to gender using EndPoint PCR analysis

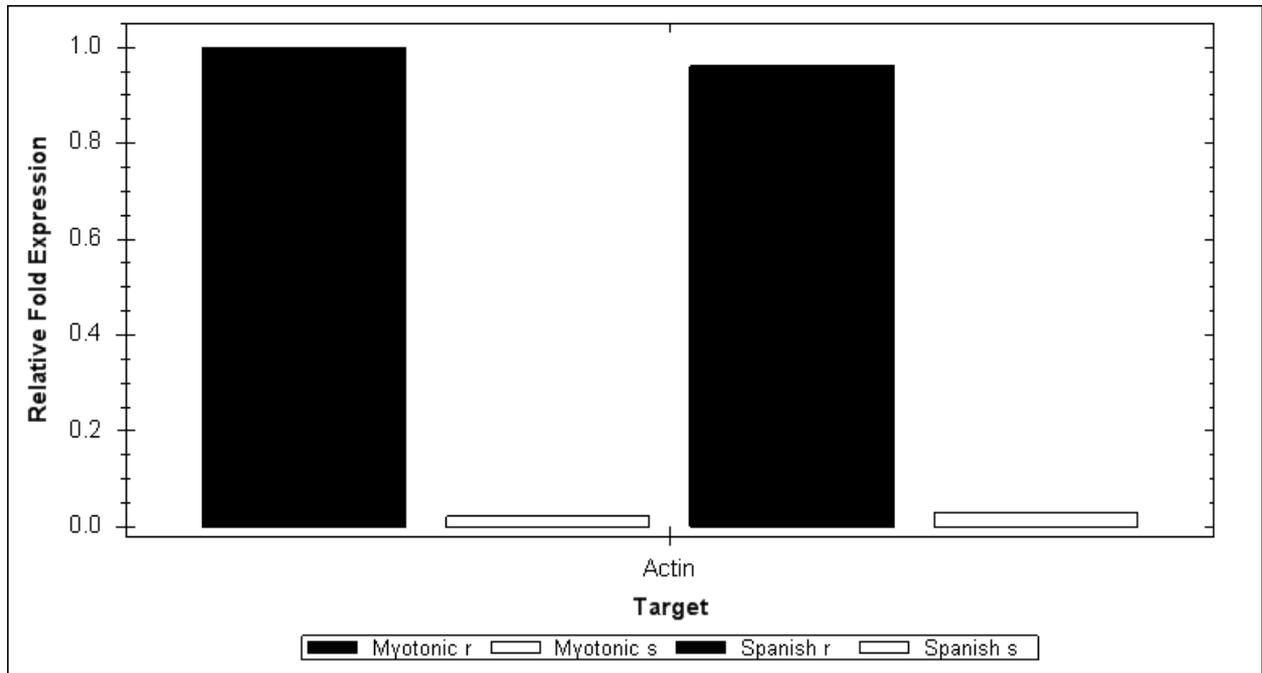


Figure 6. *Haemonchus contortus* benzimidazole sensitive and resistant strains in goats relative to breed using Real Time PCR analysis

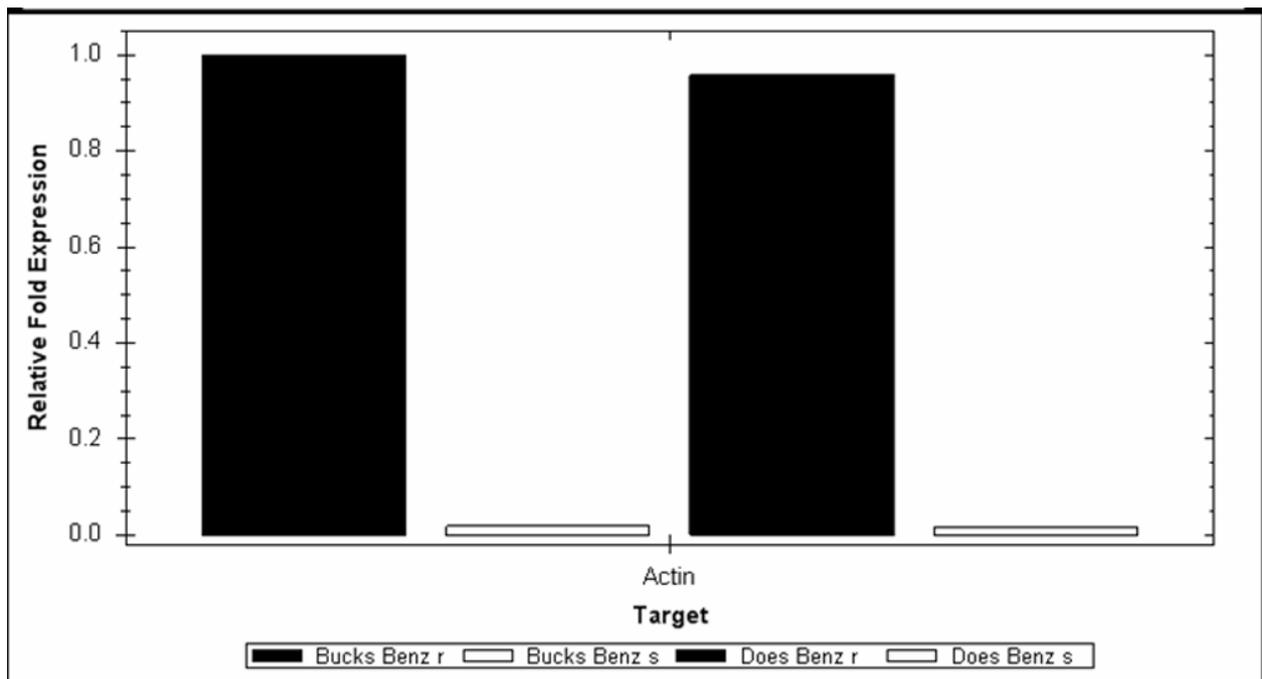


Figure 7. *Haemonchus contortus* benzimidazole sensitive and resistant strains in goats relative to gender using Real Time PCR analysis