Vol. 1, No. 2 December 2009

The Drive in the Acousma

Dianyuan Xiong & Shaohui Miao Yunnan Meteorological Training Center Kunming 650034, China

Tel: 86-871-4162-709 E-mail: ynkmxdy@126.com

Abstract

The acousma is result of the process that the consciousness is drew into the unconscious black hole and declined as the unconsciousness by the large "psychological gravitation", and generates a mass of energies which are dispersed by the depressive and devious way, and replaced by the projection of the dissident attacking consciousness. And it is the result of the function of the force. The free libidos can flow to the consciousness, release the blocked energies, weaken and even eliminate the acousma.

Keywords: Archetype, Psychological gravitation, Projection, Devouring, Understanding thoroughly

The occurrence of the acousma is generally about the power which we have not known, and the power activates the consciousness and generates the delusion, and its projection forms the acousma. Though this power is uncontrollable, can not be realized by the consciousness, and is in the unconscious state, but we can observe its representations, and we can see that it is understood thoroughly, traveled, observed, discussed, appraised, judged and traced, and the patients are compelled to keep hiding and escaping continually, and the acousma plays the hide-and-seek with them like the cat plays with the mice, and the patients are forced to attack and destroy themselves. They can not follow their hearts, and they are imposed to be swept by the cyclone involuntarily, and the acousma draws the attention of the self-consciousness to the patients themselves, block attention of the self-consciousness in the patients which are drew by the gravitation as if they are seized and trampled bloodily by a invisible hand, and they have the things what they have not known in their body, and these things drive them and are the power coming from the interior of them. The destroying power comes from the interior, but the experience comes from the exterior.

What is the power? It is controlled by a large will, and dominated by a large invasive power, and experienced by the "dissident power". It is understood thoroughly, traced and traveled, which typically shows that it is captured by the power, become the object of the power, and caught by the archetype. It is others, and it is the projection of the replacing power of the power. The base map of the dissident discussion is the power. Just as what Freud thought, "We have the power what we don't know, and the power drives us". Jung had discussed "the transfer and symbol of libido", and both of them emphasized the irrational instinct drive. The drive generates the delusion, and an irrational instinct drive model is tried to be described in the article.

Where the power is from? In the process that the power is understood thoroughly, we see the whole shadow of us, the individual historical memories and personality full of infamies, frustrations and darkness, and we rarely memorize these shadows or these shadows don't be memorized by us and they are depressed by the oppression, and here, these shadows are forced to appear before us, and they firmly attract the attention of the self-consciousness. On the surface, they bear the torture of being disclosed, discussed and judged, but it is the function of the power in essence, and the depression is breached, and the personality mask is torn. When facing the dark personality, a power brings the shadow into the conscious layer and raises the unconsciousness to the consciousness. There is a conscious rising power to reconstruct the continuity and orientation of the consciousness, and make the consciousness to realize and reconstruct itself. At the same time, the shadow firmly attracts the consciousness, and we think that others understand us and the depression has not be really broken, and the self-understanding, self-discussing and self-judging are replaced by the dissident-understanding, dissident-discussing and dissident judging, and the consciousness becomes into the unconsciousness, which can not be felt by us, and in the unconsciousness, we are in the original thinking of others and materials, and the original projection, and we lose the conscious features such as differentiation and distinguishing, and we lose our boundary, and here, "body= container= world". "Projection us into the universe", and become into "original thinking" with "mystic participation with mutual containing and influencing between parts and whole". When backing to the original natural identity and the chaos of the whole, "we belong to us each other", and the power is devoured by the unconsciousness, and there is a descending power of the consciousness, and Jung called the rising power of the

consciousness as the "heliotropism", and Erich Neumann called the descending power of the consciousness as the "psychological gravitation", i.e. the unconscious devouring power.

How the power works? In the projection, the self-understanding, self-discussing and self-judging are replaced by the dissident-understanding, dissident-discussing and dissident judging, which is called as the observing discussion mode, and that is the symbol, and "the symbol is unknown, and it is the thing which is forming, and it contains the opposite, and it should induce the association and apperception, and we should know what is back the unknown, and the understanding about the symbol makes the free libido to flow and transfer, and the enhancement of the consciousness can solve the problem even exceed the problem", and the symbol drive the course of the consciousness. "The symbol has two aspects, and one is to trace the past driving by the instinct, and the other is to develop the future directing by the ultimate subject of exceeding the personality". The symbol of the myth is the inchoation of the consciousness and the consciousness differentiation. The acousma is correspondingly similar with the course of the hell archetype, which is not occasional, and it indicates that the self-consciousness is controlled and decided by the old archetype. In the depth psychology, the ghostdom, the dark and the unconsciousness are identical, and the hell archetype is the image of the death and regeneration. On the one hand, the hell archetype is the death instinct, the destroying, the negative spirit distortion, and the descending power of the consciousness and the destroying is a kind of change, i.e. the reconstruction. On the other hand, it is the positive spirit distortion, the growth of the life, and the rising power of the consciousness. Lacan said, only to destroy ego could generate ego. The acousma corresponds with the hell archetype in following aspects. First, to be understood in the acousma corresponds with to be irradiated by the mirror in hell. Second, the shadow floating upward and the review of the history in the acousma correspond with the shadow floating upward of the mirror in hell and the review of the history. Third, the nakedness in the acousma corresponds with nakedness in hell. Fourth, the discussions and judgments in the acousma correspond with the discussions and judgments in hell. Fifth, to be murdered in the acousma corresponds with the excruciation and suffering in hell. Sixth, in the acousma, the awakening of the consciousness, i.e. the descending of the agglomeration and consciousness to the unconsciousness corresponds with the dispersing and generating cycle of the consciousness that the birth is the death and the death is the birth in the excruciation in hell. The excruciation indicates the drawing and function of the power to the consciousness, and the chewing of the power is contained in the identity of the positive and the negative about discussion of the acousma, and to keep the awakening of the consciousness and the descending of the consciousness in the murdered pain is to draw and function with the consciousness by the power, and there are two powers to function on the self-consciousness obviously like a tug-of-war, which is the attacking function to press the energy. The hell archetype has identical function structure of the power to the consciousness with the acousma model, and the hell course is identical with the acousma course. The hell course possesses the features such as controlling, invading and destroying, and it depends on the archetype, and is decided by the archetype, but the archetype is invisible, and it is expressed and experienced in the projection, which is the function of the rising power and the descending power of the consciousness. In the hell, the birth is the death and the death is the birth, which indicates that the consciousness experiences the uncertainty of the life-force and the death-force, and gestates the renascence and the death. In the acousma, the identical discussion about the positive and the negative is just the uncertainty of the consciousness, and the weak consciousness is attracted by the gravitation to return to the unconsciousness, and the decomposition loses certainty, orientation, and the ability of the differentiation, and the ego is experienced as others or materials, which is the initial stage of the consciousness. The consciousness struggles from the unconsciousness, and the original projection makes the psychological potential unconsciousness to become conscious, and makes the consciousness to drive the course of the consciousness. The certainty and the orientation to reconstruct the consciousness make the consciousness differentiation to gain the independence. The hero (means the consciousness)'s sailing archetype in the dark sea is the battle about the hero and the dragon. Only the dragon is killed symbolically, the consciousness can grow to be independent and struggle from the psychological gravitation. The image of the hell is collective, and it is meaningful to understand the acousma. In the review of the individual experience, the shadow appears, enters into the self-consciousness, and the attention of the consciousness is absorbed by the shadow which is the symbol that the consciousness is dispersed, the symbol that the consciousness is attracted by the gravitation and drawn into the dark, the symbol that the energy is blocked and inflated in the unconsciousness, the symbol that the energy is depressed, and the symbol that the attacking is depressed and the energy needs to be released. In the acousma, the shadow has the feature of absorption, and it can not only agglomerate the consciousnesses, but make the consciousness dispersed and descended to be the unconsciousness, and the consciousness is devoured. The back of the shadow is the gravitation which can agglomerate and disperse the consciousness. The hell is in hiding, and it shows the original and concealed features of the power, and the dark course of the consciousness. And the hell is the refining of the consciousness. "The consciousness comes from the symbol", "the consciousness can not create the symbol which is the self-expression of the unconsciousness, and the self-consciousness absorbs and assimilates the unconscious contents by the symbol and builds the consciousness, and the symbol is associated approach between the ego and archetype, the consciousness and the unconsciousness", and by the symbol, "starting from a kind of blind and pure unconscious psychology without image in the remote antiquity without form, human consciousness achieved the forming stage of the consciousness, and the image creation in this

stage is the basic premise that the consciousness happens and develops". In the agglomeration of energies, the consciousness is differentiated from the unconsciousness, and the symbol in the acousma is to differentiate and agglomerate the consciousness, but because of the deceptive function of the acousma when the power releases, the energy is dispersed like the cyclone to make the consciousness to become unconscious, and make the self-consciousness become into the segments and fragments. The consciousness is driven by the power, and gains the certainty and orientation, and is not differentiated anymore. The acousma is the product that the power works, and the function of the power generates abundant energies which breaks the depression and disperses to make the unconscious consciousness to become into dissident consciousness, and it is the acousma that the dissident power attacks the projection of the self-consciousness. The attacking energy not only agglomerates but disperses the consciousness, and generates the self-consciousness, and it not only protects me, but makes me disappear to avoid generating depression, and tries hard to rebuild me, and it repeats this process in the uncertainty, and loses itself in the shade which is the symbol that the attacking energy needs to be released. In the shade, the attacking and self-destruction can be performed, and to depress the self-attacking of the energy drives persecutory delusion.

Why the power is generated? The hell archetype has the same structure with the observation and discussion mode of the consciousness, and the image of the archetype becomes into the image of the social environment, and it becomes "visible", and the image of the archetype is projected into the exterior, into the society, culture, consciousness, and the object and mirror reflection of the social relationship, and the hell archetype is the accumulation of the history, and it exceeds the space and time, and it is stable, and can be indicated by the myth symbol. The observation and discussion mode is current, social and environmental, and it is indicated by the current symbol of environment and culture. No matter how the current culture changes, the structure is invariable and stable, and though the individual experience and culture will multiply and strengthen this projection, but to discard the individual background possesses the same structure and the meaning of the archetype, which can not get rid of the original power. In the beginning, we didn't know the problem came from us, but blame the exterior environment. In fact, it is the accumulation of the projection of the power devouring, the projection of the collective archetype and the projection of the individual unconsciousness. The destroying and invading of the power are projected on the attacking invading mode of the current environment, culture and consciousness, and the fear to the power is projected as the fear to others, and the destroying and invading of the interior are projected as the persecution to us by others. The attacking of the interior power is projected as the exterior attacking, and is experienced as being murdered.

The hell archetype is the symbol of the distortion of the unconscious spirit, the transformative case, and the furnace of the consciousness, and "by the pain and death, the offering and the body will achieve updating, rebirth and immortality with the vanishing of the soul". "By a profound form, the birth and rebirth are associated with the death and destroying for ever". "When the consciousness develops less, it will more return to the unconsciousness and draw the energies to develop the consciousness, i.e. the super-individual power is used to confirm the relationship between the self and the environment, and when the consciousness and the rational goodness has not developed to the state that they are decisive, the man will return to the unconscious wisdom full of inspirations, and drive the course of the consciousness, and the consciousness symbolically regards the unconsciousness as the female and regards itself as the male", "the researches of the depth psychology indicated that the consciousness and its skills are the latter, and they are the "son" of the unconsciousness, but the development of the personality of the human integer and individual will certainly depend on the spiritual power in the unconsciousness for ever", "in another words, the occurrence of the rebirth can sleep in the cave of the dark, travel in the ghostdom and the hero's sailing archetype in the dark sea (the unconscious travel of the consciousness, i.e. the travel of the dark)", and only if the death of the old personality may induce the rebirth. This process of "pondering" encounters with the archetype group of the "great mother", and the hell archetype is one of the symbols of the "great mother", and the "great mother" is the image of the psychological gravitation and the symbol of the unconscious differentiation. And she lives in the hearts of modern people. "The distortion should happen in the container, and the hell is the uterus, and it performs the female principle, and the hell is like the container of the death, the negative aspect of the birth, and it is also the container of the birth, and the positive aspect. To be rebirth and birth from the death by offering, separating and tearing up". The hell is the unknown projection of the psychological dark, and the myth symbol drives the differentiation of the unconsciousness, and the generation of the power is to agglomerate, disperse and destroy the consciousness. The archetype studies the myth, is described by the myth, and it can express the libido lively, and in the occurrence theory, the current is the past, and they are identical.

How the power is released and sublimate, i.e. how the acousma is weakened and eliminated? "In the relationship between the ego and the unconsciousness, a "gravity function" can be observed, and it is a kind of tendency that the ego returns to the original unconscious state, and this kind of tendency is negatively proportional with the ego and the consciousness. When the load of the conscious energy is stronger, there are more libidos to be utilized by the self wills and interests, and the inertia of the gravity function is smaller, and the consciousness and ego is weaker, and the psychological gravity to return to the unconscious state is stronger, and here, the ego and consciousness has not developed enough to resist the gravity function, and like the primitive people or children, they may be harmed by the

diseases, tiredness and other invasions". The acousma is the result of the process that the consciousness is drew into the unconscious black hole and declined as the unconsciousness by the large "psychological gravitation", and generates a mass of energies which are dispersed by the depressive and devious way, and the power activates the consciousness and generates the projection of the delusion. Under the function of the gravitation, the consciousness is descended as the unconsciousness, and the consciousness responds with the unconsciousness, and the energy is closed in the archetype of the unconsciousness, and "by the interior insight, the life-force of the libido is found, and the shades of the psychological gravitation and the unconscious archetype are shucked off, and the unconscious contents and conflicts, the function of the power and the depressed energy are realized, and the consciousness is opening to the unconsciousness, and it makes the unconsciousness to climb the consciousness and makes the consciousness to realize the contents of the unconsciousness and break the depression, and the libido flows to the consciousness, strengthens the consciousness, and the consciousness combines the archetypes and releases the blocked energy, which can naturally weaken and eliminate the acousma, and the blocked energy is the destroying energy, and by the transformation of the energy, the life-force can be obtained from the unconsciousness, so the rebirth is realized from the death". "This relationship is not presented as a kind of drive in the psychology, but a kind of symbol process, and the image and the symbol are closer to the unconscious layer, not the conscious layer, but the course happening on the symbol layer always has a kind of predictive feature, and it can make the latter consciousness course possible". So the cure of the acousma is possible. "The human spirit begins in the emphasis of the symbol image full of illusions, and finishes in the abstract concept". "The unconsciousness can not only harm us by uncontrollable power full of instinct and drive, but also help and save us". This is the process thorough continually understanding, adapting, bearing, releasing, hammer-hardening and subliming the power and it is the course to weaken and eliminate the acousma and thoroughly understand the experiences, and the atman must understand the unconsciousness and the archetype.

The attraction of the psychological gravitation is also the call from the heart, and it presents the association of the depth heart and the ego, and it pursues the gravitation, and it enhances the libidos and the unconsciousness, and it releases and sublimes the energy in the archetype, and it is projected into the consciousness and the exterior world. It adapts the exterior by adapting the interior, and it can associate with the exterior by associating with interior, and the psychological gravitation is the drive of the consciousness, and it forces us to explore it, and it is inevitable, and it expands its self-consciousness, and makes the ego to go to the independence and the growth, and makes the libido psychological potential to be realized, and realizes the spiritual feature and the corporality of the life-force. The agglomeration of the libido makes the self-consciousness to be agglomerated, realizes the integration of the spirits, and the self-consciousness possess the features such as integrality and stability, and the libido will not be emanative, and the energy in the unconsciousness is boiling "a boiler of water", and it will surge forward like a wild horse. The boiling water under the boiler cover will become into the steams which transgresses around. The self-consciousness will not be emanative anymore, and it is agglomerated to be stable, and it will not float in the wind, and it has the features of certainty and orientation, which can weaken and eliminate the acousma and realize the individuation.

References

Erich Neumann (German). (1998). The Great Mother: An Analysis of the Archetype. Beijing: Oriental Press. Sep, 1989.